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San Mateo County Embraces Age-Friendly Cities Concept

By David J. Canepa

San Mateo County cities are about to embark on a grand journey to help our older adults lead happier, more fulfilling and productive lives. More than ever before, older Americans are working longer, trying new things and engaging in their communities. I want to continue this trend to ensure our older adults can age in place, are healthy and safe.

The Board of Supervisors approved a resolution that I co-sponsored in July to join the World Health Organization's Age-Friendly Global Network and establish the San Mateo County Age Friendly Initiative to be administered by the Health System's Aging and Adult Services division.

The concept of Global Age-Friendly Cities was developed in 2005 by WHO to help cities consider and implement policies and services to support older adults as they grow older to live healthy and vibrant lives. Population aging and urbanization are two global trends that together comprise major forces shaping the 21st Century, according to WHO.

WHO has identified eight key domains as areas requiring a conscious effort to create an age-friendly community: housing, transportation, social participation, respect and social inclusion, civic participation and employment, communication and information, community support and health services, and outdoor spaces and buildings.

The process to be designated and an Age-Friendly City/Community has included identifying a task force with various stakeholders to oversee the process; conduct a series of focus groups to assess the baseline "Age-Friendliness" of a city or community in the domains mentioned above; review the results of the focus groups and survey results; identify indicators so progress can be monitored against the action plan; and complete

the Age-Friendly application and include a letter of intent signed by the mayor of the city.

The Health System will contract with the Center for Age-Friendly Excellence, which spearheaded the campaign in Santa Clara County, to conduct the campaign in San Mateo County. The first phase of the project will include working with Redwood City, Pacifica and Daly City officials on earning the WHO designation.

While seeking the designation, projects will be identified that will improve the lives of our aging population such as pedestrian and parks improvements and increased opportunities for civic engagement.

(David J. Canepa is a member of the San Mateo County Board of Supervisors and is the former mayor of Daly City.)

Many Thanks Rita!

Several months ago the Board tasked Rita, Site Manager and Staff to the Board, to negotiate a new laundry machine contract that provided both new machines and an increase in the monthly income which Crown would receive. She opened negotiations with three potential laundry service providers with the best interests of and best outcome for the Association in mind.

Rita met a number of times with the various vendors. Then two members of the Board met with each of the three vendors separately. In August Rita brought the three bids to the Board so a vendor for the new 5 year contract starting in November could be chosen.

At its August meeting, the Board chose to continue with CSC (formerly Coinmach). It chose them for two reasons. First, the transition to new machines would be simpler with the current vendor. Secondly, and most importantly, Rita had negotiated a contract that would increase the annual income by \$67,880 per year, a 46% increase in income. The CSC bid will produce \$6,000 per year more income than the other two bidders. Well done Rita - Thanks!



OBEY all traffic signs and Association Rules and Regulations.

Do not park in a RED ZONE or over the time limit of any VISITOR SPACE without CCHOA permission. You will NOT be called. You WILL be TOWED.

DO NOT drive the wrong-way or back down ONE-WAY streets. The fine is \$100!

Recycle Right

From Republic Services

We have all heard the saying, "One bad apple spoils the bunch." Did you know that could be true with recycling, too? Republic Services collects Crown Colony's green recycle bin, emptying and compacting the material into their collection truck. At the recycling plant, the recyclables are dumped and mixed with loads from numerous businesses and households.

Imagine what happens if you or a neighbor placed a bag of garbage, a full can of soda, or a half-empty bottle of ketchup into the recycle bin. The garbage is mixed into the recycling load, while soda or ketchup gets squeezed out and spills onto paper, cardboard, and other containers. Instead of being recycled, those items are now too contaminated to be reused by a manufacturer. As a result, they end up in the landfill instead of being made into a new product.

To prevent contaminated recyclables from being sent to the landfill, we can take simple steps to keep the material clean. The next time you toss an item into the recycle bin, keep in mind the following.

Recycling Guidelines

- ✓ Place only recyclable material into the green recycle bin: empty plastic containers (must include recycling symbol #1-#7), clean paper products, metal containers, and glass containers
- ✓ Make sure all recyclable items are:
- ✓ Empty: Remove any food or liquid from the recyclable item
- ✓ Clean: Lightly rinse the item to remove any residue
- ✓ **Dry**: Shake out excess water or let the item air-dry
- ✓ Clean paper only- greasy pizza boxes, paper take out boxes, and paper plates are not accepted.
- ✓ When in doubt, throw it out- unaccepted material such as chip bags, straws, and single plastic bags disrupts the recycling process.
- ✓ Flatten cardboard to ensure enough space for all recyclables

With these guidelines, we can do our part to help reduce recycling contamination. By keeping your items Empty, Clean, & Dry, you help ensure that your recyclables will become new products, conserving natural resources,



Contact us via e-mail at cchoa@crowncolonyhoa.com
On the Web:
www.crowncolonyhoa.com

saving energy, and creating jobs. Together, we can make recycling work!

Move-in Fee

In 1986, the Board approved a non-refundable move-infee to offset the cost of repairs to the common area when it is damaged by residents moving in or out. This fee, which is currently \$150.00, is billed directly to the unit's owner for each move-in. Owners renting their units may wish to recover this fee from their tenant.

Unsightly Balconies

On our weekly inspections, we have noticed a number of balconies and patios that have items on them that are not allowed to be there. It is easier to advise you of what is allowed than what is not. Only the following items are allowed: gas grills, plants, approved storage containers and outdoor furniture. Nothing else is allowed.

Visitor Parking Space Rule

This visitor parking rule is being published as a reminder to all residents. Visitor space parking is limited to 72 hours for both resident's and non-resident's vehicles. Vehicles must be moved to a different space each and every 72 hour period. The vacated visitor parking space may not be filled by another vehicle registered to that same unit. If the visitor space is occupied by another vehicle registered to that unit, the same 72 hour period will continue to accrue. Whether you are parked in the space for 72 hours or less, you have to wait for 72 hours to pass (after you have moved your vehicle) before you put the same vehicle or another vehicle belonging to the same unit back into the space that you vacated. Violator's vehicles will be towed at the owner's expense. The owner will not be called. This rule also applies for the 24 hour parking spaces

Junk mail

When you go to open your mailbox, it's full. You pull the mail out of the box only to discover instead of letters and bills, it's mainly junk mail. Please do not dump this mail on the floor or set it on top of the mailbox frame. Please dispose of it in a recycling bin.

NO SMOKING in the Corridors, Elevators, Laundries, Gyms or Clubhouse



July Board Highlights

Financial Report Ending June 30, 2018: Bautista & Co. reflected a surplus for the month of \$8,313, an ending cash balance of \$1,904,087 and total investments of \$1,439,111 which is designated to reserves.

Ratification of Window and Door Installations: The Board ratified the installation of the windows and door at 359 Half Moon Lane #111.

Ratification of Regulator Valve Replacement - Master Plumbing: The Board ratified the proposal from Master Plumbing to replace the faulty regulator valve near Bldg. 24 for a cost of \$6,325 to be funded from line #9998.

Ratification of Stream Pump Motor from Pacific Water Art: The Board approved the proposal from Pacific Water Art to replace the motor in the stream pump for a cost of \$3,390 to be funded from line #9953.

Legal Services Plan Renewal: The Board approved the Legal Services Plan Renewal Contract with Berding & Weil for a cost of \$1,500 (which is half the normal cost) effective August 1, 2018.

Authorization for Sunrise Assessment Services to Record Notice of Delinquent Assessments for APN # 101-120-030: The Board approved the authorization forms for Sunrise Assessment Services to record a notice of delinquent assessments for the APN # listed.

No Spills Please

Please take care when you carry laundry soap, bleach and fabric softener you use when you do your wash. Recently the carpets outside the laundry rooms were replaced. Please take care not to spill laundry products onto the newly carpeted elevator lobbies.

If you take bleach with you to do your laundry, make sure the bleach container is in a tightly closed. Certainly, you would not walk around your unit carrying a partially open bottle of bleach that could spill onto the floor.

Carpets are expensive and laundry soap, bleach and fabric softener are some of the carpet's the most destructive agents. Some spots can to be re-dyed. If a spot cannot be re-dyed, the carpet has to be replaced at a considerable cost. Please take care when you go to do your laundry. Please take the same care of the building's carpet as you do your own.



Do not leave bottles, cans, newspapers, or other trash on top of your parking space's locker. Thank you!

Remodeling Your Unit?

It has been reported and observed that owners or contractors hired by owners to remodel their units are using the garbage containers located throughout the property or the area in the garages near the garbage rooms doors to dispose of old material.

The Association Office is requesting that old material and large items be taken to the area reserved for the disposal of such items near the compactor on Half Moon Lane adjacent to the Chevron Station. If you have any questions, please call the Association Office.

Plumbing Repairs

If you are having plumbing work done in your unit that necessitates your water being shut off, you must provide the Association Office with at least 48 hours prior notice. The reason for this is that there are other units which will be are affected by a water shut off in your unit. The Office has to deliver notices advising the residents of the impending water shut off. The Association Office also needs to be given the following information: The day of the repair, what time the water needs to be turned off and for how long.

On the day of the repairs, the resident needs to call the Office when the plumber arrives and maintenance personnel will meet your plumber at the building. When repairs are completed, either your plumber or the maintenance personnel can turn the water back on.

Barking Dogs!

The Association office has received several calls from residents complaining about barking dogs on balconies. If you are away from your unit, you should not allow your animal out on the deck to cause a noise disturbance. This noise and nuisance violation cannot be permitted to continue as it disturbs your neighbors.

Don't Forget the Bags!

When you take your dog out for a walk, please remember to carry a doggie bag to pick up your animal's waste. These bags are readily available at the Fido Stations located conveniently about the property. Let's all be courteous to our other fellow neighbors in the complex.

ONLY deck furniture, gas or electric grills, planters, pots & approved storage on decks & patios. No brooms, mops or pots on rails

SEPIEMBER

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDA	Y	FRIDAY	SATURDAY
The Clubh	ouse, Pool, Spa a	and Exercise Rooi	ms Are Closed ui	ntil Restoratio	on I	s Completed	1
2	3	4	5	6		7	8
9	10	11	12	13		14	15
16	17	18	BOARD of D Work Session Executive Sessi Open Forum Meeting	IRECTORS 1 5:45pm 1 6:45pm 1 6:45 pm	20	21	22
30	24	25	26	27		28	29

The Colonist is a private publication created for the members of the Crown Colony Homeowners Association 379 Imperial Way, Daly City, CA 94015

IMPORTANT NUMBERS

EMERGENCY Dial 911					
Front Gate (24 Hours) 994-0255					
or dial 350 on any Building Directory					
Crown Colony Office					
Rita Nicolas e-mail: cchoa@crowncolonyhoa.com					
Common Interest Management 286-0292					
Bob Burton					
Bautista & Co. 697-7907					
Cecille Osmena, 214 Broadway, Millbrae, CA 94030					
Wave Cable Dat Tran - 415-407-4486					
or 1-800-427-8686					
Comcast Cable Craig Oborn 866-502-5191					
LaJari "LJ" Pruitt 510-815-2003					
Coinmach Laundry 1-877-264-6622					
Crown Colony Properties 650-994-0300					
Van Go Plumbing					

COMMITTEE MEETINGS

Architecture: When posted
Building, Maintenance & Finance: When posted
Communications: When posted
Grievance: 3 rd Thur. at 6:15 pm
Recreation: When posted

Meetings are held in the Clubhouse unless posted otherwise.

All meeting times approximate

BUS to BART

Monday thru Friday

Leaves Crown Colony

6:20 am	7:05 am	8:05 am					
6:35 am	7:25 am	8:25 am					
6:50 am	7:45 am	8:40 am					
Leaves Colma BART							
4:35 nm	5:35 pm	6:30 nm					

4:55 pm 5:55 pm 6:50 pm

5:15 pm 6:15 pm 7:05 pm

Schedule subject to change